

self-help for kids®

THE FREE SPIRIT ADDING ASSETS SERIES FOR KIDS



A Leader's Guide to the Adding Assets Series for Kids Book with CD-ROM

Activities and Strategies for Positive Youth Development

by An Rappath Ed.D., Pamela Espaland and Elizabeth Verdick

This ready-to-use curriculum for grades 3-6 includes 42 sessions: one for each Developmental Asset plus introductory and concluding ones. Each includes activities, discussion prompts, and a handout to connect classroom and home. A detailed chart shows how each meets specific standards for character education, health, social studies, social and emotional learning (SEL), and language arts. The features the reproducible forms from the book and 40 additional pages of student handouts. For schools; youth-supporting clubs, org and programs; religious organizations; and communities involved in Search Institute's Healthy Communities • Healthy Youth initiative.

Education

ISBN-13 978-1-57542-210-7

ISBN-10 1-57542-210-7

Softcover, 288 pp., illus., 8 1/2" x 11", layflat binding.

107 reproducible handout masters in book, 143 reproducible handout

masters on CD-ROM. Included CD-ROM is Macintosh and Windows compatible, for teachers, grades 3-6

RIGHTS SOLD: World Rights Available

"Good strategies and support for children... straightforward...valuable tools."

—National Association of School Psychologists' Comment

The Free Spirit Adding Assets Series for Kids: Student Books

by Pamela Espaland and Elizabeth Verdick

Researchers have identified 40 good things that all kids need. Called Developmental Assets, they include a loving family, a caring neighborhood, and a commitment to learning. The more assets kids have, the more likely they are to do well in life and avoid high-risk behaviors. Written in kid-friendly language, illustrated throughout, the *Adding Assets Series for Kids* includes true-to-life stories and ideas for kids to try at home, at school, in their neighborhood, in their faith community and with their friends. Each features a message for adults and helpful resources.

Each: Juvenile, No Skills

Softcover, 80-100 pp., two-color illus., 5 1/4" x 7", for ages 8-12



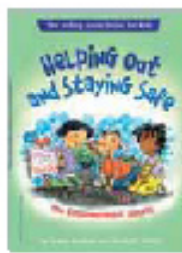
Loving to Learn

Kids build the five Commitment to Learning Assets: Achievement Motivation, Learning Engagement, Homework, Bonding to Adults at School, and Reading for Pleasure.

ISBN-13 978-1-57542-182-4

ISBN-10 1-57542-182-6

RIGHTS SOLD: Korean



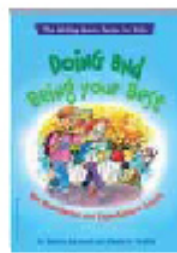
Helping Out and Staying Safe

Kids build the four Empowerment Assets: Community Values Children, Children as Resources, Service to Others, and Safety.

ISBN-13 978-1-57542-161-2

ISBN-10 1-57542-161-5

RIGHTS SOLD: Korean



Doing and Being Your Best

Kids build the six Boundaries and Expectations Assets: Family Boundaries, School Boundaries, Neighborhood Boundaries, Adult Role Models, Positive Peer Influences, and High Expectations.

ISBN-13 978-1-57542-171-1

ISBN-10 1-57542-171-2

RIGHTS SOLD: Korean



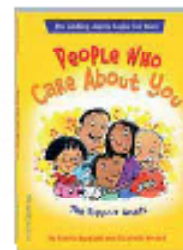
Smart Ways to Spend Your Time

Kids build the four Constructive Use of Time Assets: Creative Activities, Child Programs, Religious Comm and Time at Home.

ISBN-13 978-1-57542-172-8

ISBN-10 1-57542-172-0

RIGHTS SOLD: Korean



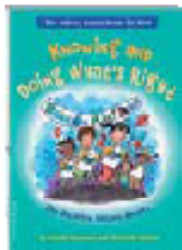
People Who Care About You

Kids build the six Support Assets: Family Support, Positive Family Communication, Other Adult Relationships, Caring Neighborhood, Caring School Climate, and Parent Involvement in Schooling.

ISBN-13 978-1-57542-162-9

ISBN-10 1-57542-162-2

RIGHTS SOLD: Korean



Knowing and Doing What's Right

Kids build the six Positive Values Assets: Caring, Equality and Social Justice, Integrity, Honesty, Responsibility, and Healthy Lifestyle.

ISBN-13 978-1-57542-184-1

ISBN-10 1-57542-184-4

RIGHTS SOLD: Korean



Making Choices and Making Friends

Kids build the five Social Competence Assets: Planning and Decision Making, Interpersonal Competence, Cultural Competence, Resistance Skills, and Peaceful Conflict Resolution.

ISBN-13 978-1-57542-201-5

ISBN-10 1-57542-201-8

RIGHTS SOLD: Korean



Proud to Be You

Kids build the four Positive Identity Assets: Personal Power, Self-Esteem, Sense of Purpose, and Positive View of Personal Future.

ISBN-13 978-1-57542-202-2

ISBN-10 1-57542-202-6

RIGHTS SOLD: Korean